Worksheet 5 : Using Career Selector

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Today you will see what career cruising can find you based on giving it a number of parameters to choose from. Most of these will come from how you envision your life in the future.

* Log in to Career Cruising and click on **Careers**, then click on **Start Career Selector**.
* Select your favourite school subjects *(preferably 2 to 3).*
* Go to the **Career Clusters** section. Select 2 to 3 career clusters that interest you.
* Go to the **Type Of Education** section. Select the highest level of education you plan to complete.
* Go to the **Core Tasks** section. Be sure to read all 20 core tasks. Choose 3 to 5 tasks you would like to do regularly at work.
* Go to the **Earnings** section. Select the minimum level of income you would like to make. (Remember that selecting high levels of income may eliminate many careers that you might otherwise find interesting.)
* Go to the **Working Conditions** section. Select working conditions you could NOT tolerate.

Now click on the **View Results** button to see careers that match your selections. Scroll through the list and click on a career that interests you.

**Career:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Read the Job Description. Answer the following questions:

What do people in this career do?

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What skills do they have?

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2. Click on Working Conditions. Answer the following questions:

Where do people in this career work?

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What kind of hours do they work? *( days, nights, or shifts? How many hours per day/week?)*

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###### Click on one of the two interviews.

**Person’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Click on A Day In The Life.

Write down three important work activities this person performs during the day.

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4. Click on Breakdown Of Activities.

List the three activities this person spends the most time on.

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5. Click on Likes and then Dislikes.

What does this person like about the job?

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What does this person dislike about the job?

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###### SUMMARY – YOUR VIEWS

6. Now that you have learned a little about this career, answer the following questions:

What are three things that you would like about this job? *(e.g., interesting work activities, people interaction)*

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What are three things that you feel you may dislike about this job? *(e.g., long hours, some boring tasks, stress)*

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Could you see yourself doing this job in the future? Why or why not?

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7. Return to the selection phase of this exercise and change anything that you now feel differently about in the **Core Tasks** and **Working Conditions** sections. List some of the different careers that now appear in the search results

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Would any of the new jobs be more interesting to you compared to the original list? Pick a new career and describe what you would be doing and why you feel you would like this.

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